



Nature

Enjoy a one-  
day hike at  
low Mountain



Mt. Hinode | Hinode machi · Ome



Hachioji  
Mt. Takao



A famous spot in Tokyo that received three stars in the Michelin travel guidebook. Mt. Takao is 599m high with cable cars and lifts running from the foot of the mountain, and it takes approximately 40 minutes to reach the summit.

Takao cho,  
Hachioji-shi



## Mt. Mitake



Ome

### Mt. Mitake

Standing at an altitude of 929m, Mt. Mitake is known as a holy mountain for mountain worshippers. Further into the summit area is a rock garden with a beautiful stream flowing through moss-covered rocks.

Mitakesan, Ome-shi

The west Tama area has many beautiful mountains, making it an ideal location for day-trip hikes because of their accessible low altitude and proximity to stations. The views from the summit are quite spectacular.

Mt. Mitake and Mt. Takao have been worshipped as sacred mountains since long ago. These mountains are also recommended for beginners while the trails are also gentle, easy slopes.

## Mt. Hinode



Hinode machi • Ome

### Mt. Hinode

A low mountain with an altitude of 902m and a panoramic view of the Kantō Plain. It takes approximately 2 hours to reach the summit from the entrance of the mountain trail. The standard course to the summit traverses from Mt. Mitake.

Hinode machi, Oguno/2, Mitake, Ome-shi



### Tokyo's only mountain standing above 2,000m

Standing at 2017m, Mt. Kumotori is the highest peak in the Tokyo area. There is a mountain lodge near the summit that offers accommodation for visitors who wish to enjoy their hike without having to rush.

Otaki, Chichibu, Saitama