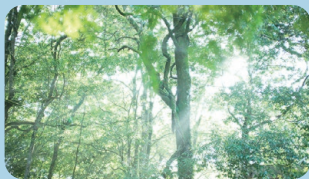




Enjoy activities in
clear water streams

遊
Activity



The upper Tama River is a great place to enjoy river sports. Among them, canoeing is one of the most popular activities and there are a wide range of courses. Canoe School Gravity also has a school in Lake Shiromaru of Okutama, and its beginner course (also offered for single participants) is popular. The lake is covered in mist from early summer to the fall, and visitors can enjoy the majestic atmosphere by taking part in early morning kayak tours.

Okutama machi

Canoe School Gravity

🏠 Mitake: 3-787-9, Yugi machi, Ome-shi
 Shiromaru: 48, Shiromaru, Okutama machi
 ⌚ 9:30-18:00 (Early morning 6:30-) / Irregular holidays

🔗 Links



Also worth visiting!



Ome

Tama River Rafting winds

Experience a ride down the rapid stream of Mitake Valley in Okutama on a raft boat (an inflatable rubber boat for 8 people).

🏠 2-411-1, Yugi machi, Ome-shi
 ⌚ 8:00-18:00 / Irregular holidays



Okutama machi

Canyons Okutama

Enjoy the thrill of canyoning in the valley of Okutama by sliding, jumping, and zip lining.

🏠 54-1, Kawai, Okutama machi
 ⌚ 8:00-17:00 (Canyoning 3-4h) / No holidays
 (Closed canyoning from November to March)



Ome

River Board Club

Ride on boards face down and control on your own as you plunge down the rapid streams. This club regularly offers river board courses throughout the year.

🏠 266, Mitake honcho, Ome-shi
 ⌚ 9:00-12:00, 13:30-16:30 (11:00-14:00 from November to March) / No holidays