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Activity

EXPERIENCE **NINJA** TRAINING
AND FIND **THE HEART OF JAPAN**



Youzawa yanin-an | Akiruno

S 修行体験

HUGYO

In recent years, "training experiences" that allow one to focus their mind through self-reflection and learn the spirit and culture of "Wa" (the ways of Japanese culture) have become popular.

Yozawa Yanin-An is located in a mountain village off Tokyo and offers a modern ninja / ninjutsu training program called "Yajin-ryu Ninjutsu, Yajin".

This program teaches ninjutsu useful in modern society in an outdoor environment rich with nature.

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Akiruno

Youzawa yanin-an

🏠 1252, Yozawa, Akiruno-shi
 📞 Reservation Required, Individual Consult because of Ordermade Program/Closed Irregular

🔗 Links



ALSO WORTH VISITING

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Ome

Shukubo Seizansou

A pilgrim's lodge where you can experience spiritual training such as meditation and fasting. Currently, it is the only lodge on

Mt. Mitake that holds a year-round "waterfall" (a technique of meditation under flowing water)

🏠 43 Mitakesan, Ome 📞 IN14:00, OUT11:00 / All year around

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Ome

Mitake Sanso

Mitake Sanso is a pilgrim lodging that was founded in the Edo period. After spending a night at the lodge, guests can

take part in the "Nikkusai" at Musashi Mitake Shrine. The "Nikkusai" is a ceremonial offering of food and prayers to deities.

🏠 123, Mitakesan, Ome-shi 📞 IN15:00, OUT 10:00 (Nikkusai is AM7:00-in Musashi Mitake Jinja everyday)/ Irregular holidays