



Experience #12  
Nature



# Sayama Park

Theme **Unexpected wildlife encounters**

Explore foothills full of life. Discover the wonders and charms of the ecology by opening your eyes, ears and heart to the fullest. Our rangers are both guide and guard.

What dwells in the Tokyo foothills? 🌿

# Biological Encyclopedia

Tama's foothills are full of a wide variety of inhabitants. Enjoy observing them throughout the four seasons by taking a walk with a ranger versed with all that lives in the forest.

Take a gander at the life that is rarely seen in the metropolis!



Sayama Park Ranger  
Mr. Sugiyama



## Aogera

It features olive-colored wings and red cheeks. Its strong beak easily makes holes in trees to build nests and search for food. The distinctive "pyo pyo" cry is unmistakable.

🌿season All year around

📏difficulty 4



## Enaga

A cute little bird with long tail feathers, round eyes and a short beak that flies around the trees looking for small insects. The triple trill "eez-eez-eez" is its main call.

🌿season All year around

📏difficulty 2

## Kabuto-mushi

In the bright hours, it digs into the roots to rest. In the evening, it gathers in the sap of oak. Their forked horn refers to samurai helmets and lifts opponents to throw them.

🌿season Jun.-Aug. 📏difficulty 3



## Miyama-akane

The red "banded darter" dragonfly has a dark brown band on the wings. It can be seen hovering about in tall Japanese pampas grass colonies, phragmites, ponds and rice fields.

🌿season Jun.-Nov. 📏difficulty 3



## Nihon-Aka-Gaeru

This chameleon-like frog spends time in thickets and likes the foothills where eggs gather in the waterways and reservoirs of rice fields from February to March.

🌿season Jan.-Mar. (spawning season)

📏difficulty 5



## Higashi-Nihon-Tokage

This chameleon-like frog spends time in thickets and likes the foothills where eggs gather in the waterways and reservoirs of rice fields from February to March.

🌿season Apr.-Oct. 📏difficulty 2



## Uranami Akashijimi

Theclinae "gossamer-winged" butterflies that like bright well-maintained thickets. The orange and black leopard pattern is the height of diaphanous fashion.

🌿season Jun.-Jul. 📏difficulty 4



## Yamato Tamamushi

The brilliant body and iridescent shimmering wings are beautiful. You may be able to see them flying over high branches such as enoki mushrooms and zelkova trees!

🌿season Jul.-Aug. 📏difficulty 4



## Harabiro Kamakiri

As the name suggests, it has a wide abdomen. On trunks and branches, cicadas, dragonflies and such are the prey to this praying mantis. It also hunts where wildflowers bloom.

🌿season Aug.-Nov. 📏difficulty 4



Looking to be led, then this walk through the park is just that.

### Sayama Park



A natural park adjacent to Lake Tama. Take in a generous helping of flora and fauna such as thickets, pampas grass squares, and ponds. The Triple Maple Grove is inspiring.  
📞042-393-0154 (Sayama Park Center) 📍3-17-19 Tamako, Higashimurayama

### Noyamakita / Rokudoyama Park



Featuring a foothill-scape with iconic thatched-roof homes. Every step through the vast hills brings a potential encounter with a jewel beetle or other sparks of nature's flare.  
📞042-531-2325 (Noyamakita-Rokudoyama Information Center) 📍4-2 Mitsugi, Musashimurayama

### Komiya Park



In the Kasumi Hills, wooden plank paths run through thickets that rhythmically sway. In the center there is a wide valley with spring water where birds of the wild like to play.  
📞042-623-1615 (Komiya Park Service Center) 📍2-41-6 Akatsuki, Hachioji \*Held about 4 times a year