



Relaxation #14
Accommodation

Mt. Mitake Temple Lodging

Theme **Experience A Pilgrim's Lodge**

The base of Musashi Mitake Shrine sits atop Mt. Mitake. Stay overnight at a pilgrims lodge in the clouds. Experience the detoxification of the mind through meditation. Look forward to the Buddhist vegetarian cuisine in the coming morn.

INFORMATION

10 minutes journey on Nishi Tokyo Bus cable. Get off at the last station, followed by 6 minutes ride on the cable car. Get off at Mitakeyama Station.



Symbol of Japanese Mountain Worship

Musashi Mitake Shrine

A shrine that is said to have been built in 91 BC and has been a center of worship for the sacred mountain since ancient times. If you make a reservation with the lodging shukubo, you can attend the Nikku Ritual.



0428-78-8501
176 Mitakesan, Ome

Shukubo Kaminoya Sanrakusou



A pilgrim's lodge run by a priest line stretching back 18 generations. There is also a lecture by the master for the morning worship. Waterfall meditation is available only from April to November.

0428-78-8439 108 Mitakesan, Ome
IN14:00, OUT10:00 / Closed from December 28th to 30th

Shukubo Mitakesansou

We stayed at a pilgrim's lodge, and the next morning we attended the Nikkusai festival at Musashi Mitake Shrine. The edible wild plants and river fish collected by the owner himself were so splendid.



0428-78-8501 57 Mitakesan, Ome
OUT10:00 / Irregular Holidays

Shukubo Reiunsou

It features a quaint Japanese house. Take part in our tour to experience the nature of Mt. Mitake and the charm of Musashi Mitake Shrine. Partly operated as a youth hostel.



0428-78-8501 57 Mitakesan, Ome
OUT10:00 / Irregular Holidays

Shukubo Seizansou

A pilgrim's lodge where you can experience spiritual training such as meditation and fasting. Currently, it is the only lodge on Mt. Mitake that holds a year-round "waterfall" (a technique of meditation under flowing water)



0428-78-8445 43 Mitakesan, Ome
OUT11:00 / All year around

A Power spot high up in the firmament.
Experience a pilgrim's lodge at Mt. Mitake.

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