

遊

Play #01  
Rivers



## Rafting

*Theme*

**Shout with glee playing in the rivers**

The headwaters of the Tama River, flowing through a variety of natural in splendors Okutama & Mitake, is a sacred place for river activities. Challenging your skills at rafting by navigating the torrents is especially thrilling. Enjoy the sensation of being at one with the pure water.

Seseragi no sato  
Museum

Okutama  
Fishing  
Center

## Ekimae BBQ B-YARD

Produced entirely by BBQ director® who participated in the authentic world competition in the United States. Enjoy the authentic BBQ here.

☎ Reception by web only (<https://meeting-bbq.com/>)  
📍 359 Mitakehoncho, Ōme  
🕒 11:00 to 20:00 / closing days vary



## MINACLE

Inside JR Mitake station is an unmanned rental bicycle shop. Enjoy easy sightseeing with electric-assist bicycle.

☎ 070-4216-2488 📍 310 Mitakehoncho, Ōme 🕒 9:00 to 17:00 / closing days vary

Mitake Sta.

Mitake  
Bridges

JR Ōme Line

Sawai Sra.

📍 Ozawa brewery

Tama River

Unose Bridge



## Canyons

Sliding down a natural waterslide, this thrilling canyoning experience is a popular destination. You can also dive in to the waterhole.

☎ 0278-72-2811 📍 54-1 Kawai, Okutama 🕒 08:00 to 17:00 / Late April to Late October

## Shout with glee playing in the rivers of Okutama

Enjoy the river, or taste the excellent BBQ and local sake. There are lots of places to see and play around along the mountain stream in the Okutama & Mitake areas. Whether it be camping or lodging at a guesthouse, we recommend overnight sightseeing.



### INFORMATION

🕒 36 minutes from Shinjuku Station JR Chūō Line Rapid bound for Takao, Transfer at Tachikawa Station and take the JR Ōme Line 49 minutes, get off at Mitake Station



## MITAKE RACE RAFTING CLUB

Beginners are welcome to join in on rafting through the rapids, either solo or in a group would be fine.

☎ 0428-74-9453 📍 359 Mitakehoncho, Ōme 🕒 Morning course from 9:00, afternoon course from 13:00 / open daily



## Seiryū Garden Sawanoi-en (Ozawa brewery)

Visit and enjoy sampling at this traditional sake brewery. On the banks of the Tama River, you can also find a lush garden with a shops and a resting place.

☎ 0428-78-8210 📍 2-770 Sawai, Ōme  
🕒 10:00 to 17:00 (light meals from 11:00 to 16:00) / Monday Closed (or the next day in the case of a holiday)