

自然

Nature #05
Hills



Sayama Hills

Theme Forest Fun

This city park in Sayama Hills isn't just a great playground: wildlife spotting, athletics, and other activities are sure to bring big smiles to both kids and adults.

*Photo shows tree-climbing activities available within Sayama park

Tokyo-Sayama

Sayama Hills

A green island in a sea of urban sprawl



1

Hachikokuyama Park

Ridges and open fields where you'll experience deep history and nature.

☎042-393-0154 (Sayama Park Center)
📍2.3 Suwa-cho, 4 Tamako-cho,
3.4 Noguchi-cho, Higashimurayama-shi

2

Kitayama Park

The 100,000 irises here have been selected as one of the top 100 sights in Tokyo.

☎042-394-1988
📍4-50, Noguchi-cho, Higashimurayama-shi

3

Sayama Park

Natural mountain wilds at the entrance to the Sayama Hills.

☎042-393-0154
📍3-17-19 Tamako-cho,
Higashimurayama-shi

1

Hachikokuyama Park

2

3

Kitayama Park

5

Lake Tama (Murayama Reservoir)

Selected as one of the 100 most beautiful reservoirs in the country.

6

Noyamakita Rukodoyama Park

Experience mountain life with abundant natural surroundings, villagers, and banked fields.

☎042-531-2325
📍4-2 Mitsugi, Musashimurayama-shi



Sayama Park Ranger Station
(NPO birth)
Toshiya Sawayama

6

Noyamakita Rukodoyama Park

7

Rokudoyama Municipal Cultural Forest

Rokudoyama Municipal Cultural Forest

View Mt. Fuji and Sayama Hills' natural landscape from the observation tower here.

☎042-557-7659 (Mizuho Town Hall, Industry Division)
📍2355 Ishihata, Mizuho-machi

Tama Lake and Sayama Lake are surrounded by forest to maintain their water levels, forming Sayama Hills: a precious island of green amidst the city. Local people tend to this natural woodland, which is characterized by valley ponds, land, and a wide variety of creatures.

