

自然

Nature #07  
Lake



## Lake Okutama

Theme **Travel the lakeside**

An oasis for Tokyo citizens, with Okutama's rich waters, hills, greenery, and fresh air. Enjoy a nostalgic short trip amidst vestiges of the past.

# Lake Okutama CYCLING MAP

Yoo-hoo!



This recommended cycling course takes you down paths that abound with Okutama's ancient past. There's plenty to enjoy, with maple trees over 200-years-old, thrilling suspension bridges, and traditional folk homes. Enjoy it with company! (Masashi Otomo, Store Manager)



## Okutama Water and Green Friendship Hall

Learn about Okutama's nature and the workings of its dam. There's a popular "dam curry" dish here that recreates Ogouchi Dam.



☎ 0428-86-2731  
🏠 5 Hara, Okutama  
🕒 9:30-17:00 /  
Closed Wednesdays  
(also days after holidays)

## Lake Okutama

A man-made lake created by damming the Tama River, with a 45-km perimeter. A floating "Barrel Bridge" crosses its surface.

🏠 Hara, Okutama

Aomedachi Fudosen

Shirahige Shrine

Fudo Falls

Okutama Station

Lake Shiromaru

Feels good!

## Okutama Mukashi Michi

A walking course from JR Okutama Station to Lake Okutama



Omugidai Observation Point

En-musubi Jizo Statues

Sogaku Valley

Okutama Citizens' Forest /  
Experience Forest

Tsuru-no-Yu Onsen

Onsen Shrine

Ogouchi Shrine

## Ogouchi Dam

The largest reservoir dam in Japan, completed in 1957. It can hold a volume of water roughly 150 times the size of Tokyo Dome and is an important resource for Tokyo residents.

☎ 0428-86-2211 (Ogouchi Reservoir Office)  
🏠 5 Hara, Okutama



## Trekking

This rental bicycle shop allows you to leave your bike anywhere. The electric hybrid bicycles here make things easy for beginners.

☎ 080-1024-4617 🏠 197 Hikawa, Okutama-machi  
🕒 9:00-17:00 (rentals stop at 15:00) / Inquire for irregular closed weekdays



## INFORMATION

- 🕒 About 2 hrs, 10 km
- 📍 A short walk from JR Okutama Station (Ome Line)
- 📞 Okutama Tourist Information Center  
☎ 0428-83-2152 🏠 210 Hikawa, Okutama
- 🕒 8:30-17:00 / No holidays

※In case you rent a bicycle for trekking, please check the latest map distributed freely in this store.



Barrel Bridge  
(Mugiyamauki Pontoon Bridge)

