

自然

Nature #02
Mountain

Mt.Mitake

Theme **Mountain worship**

The faith in the mountain cautiously kept by people living on Mt. Mitake. You can feel solemn signs when you step into the mountain protected by wolf.



Low Mountain
Traveler
Sei Ōuchi

Mt. Mitake is the setting of a story involving the legendary prince, Yamato Takeru. It was here that a lost Yamato Takeru was guided to safety by a wolf, which was later deified as Ōguchi-no-Makami and worshipped as a ward against crop-eating creatures, particularly by farmers in the Tamagawa River region. As the source of wolf worship, Yamato Takeru is enshrined within the mountain's inner shrine. Relive the legend and hike on historic paths.



Inner Shrine

Yamato Takeru is enshrined on this beautifully shaped mountain. Visit the ancient rock shrine on the summit, as well as the vermilion shrine.

Mt. Nabewari



Ayahiro Falls

A Musashi Mitake training site where impurities are washed away.



Rock Garden

One of Tokyo's finest valleys: deep, beautiful, and well-maintained. A stream inhabited by Japanese salmon flows through it.



Tengu Tree

The inner shrine's massive tree is over 350 years old!



Okuchima Shrine

Fearsome guardian wolf statues greet visitors.

Nanayono
Falls

Tengu
Rocks



Musashi Mitake Shrine

This ancient shrine sits at the summit of Mt. Mitake. The view of the vermilion structure against the blue sky is incredible. The god of Futomani, an ancient divination practice, is enshrined here.

☎0428-78-8500 🏠176 Mitakesan, Ome-shi

Mitakesan cable car
Mitakesan St.

Mitake
Visitor Center

Zindai
Keyaki

Nagao-daira
Plains

Nagao-daira
Observation
point

Mt. Himode

JR Mitake

Mt. Mitake

— Inner Shrine

Legends and History

INFORMATION

🕒 About 4 hrs

🕒 10min. from JR Mitake Station (Ome Line) via the Nishi-Tokyo bus bound for Cable-Shita. Get off at last stop and board a cable car for a six-min. trip to Mitakesan Station.

📍 Mitake Visitor Center

☎0428-78-9363 🏠38-5 Mitakesan,

Ome-shi

🕒 09:00~16:30 /

closed on

Monday

