

# 遊

Activity

EXPERIENCE **NINJA** TRAINING  
AND FIND **THE HEART OF JAPAN**



Youzawa yanin-an



Akiruno

# S 修行体験 HUGYO

In recent years, "training experiences" that allow one to focus their mind through self-reflection and learn the spirit and culture of "Wa" (the ways of Japanese culture) have become popular. Yozawa Yanin-An is located in a mountain village off Tokyo and offers a modern ninja / ninjutsu training program called "Yajin-ryu Ninjutsu, Yajin". This program teaches ninjutsu useful in modern society in an outdoor environment rich with nature.



Akiruno

## Youzawa yanin-an

MAP D3 1148, Yozawa, Akiruno-shi etc ¥Basic Program 2h ¥10800- (Reservation Required, 3Peoples) Individual Consult because of Ordermade Program/ Closed Irregular

Links



## ALSO WORTH VISITING



Ome

## Komadori Sanso

Guests are offered accommodation at the lodge, then wake up at 5:00 in the morning to experience "Takigyo", a waterfall meditation ritual. It takes 30 minutes on foot to reach the "Ayahiro Waterfall" where the ritual is performed.

MAP E2 155, Mitakesan, Ome-shi ¥10,800yen (Man) /11,340yen (Woman) With one night two meals 15:00 OUT 10:00 (Takigyo is wake up AM 5:00-Start AM 5:30) / No holidays (Takigyo is not available from December to March)



Ome

## Mitake Sanso

Mitake Sanso is a pilgrim lodging that was founded in the Edo period. After spending a night at the lodge, guests can take part in the "Nikkusai" at Musashi Mitake Shrine. The "Nikkusai" is a ceremonial offering of food and prayers to deities.

MAP E2 123, Mitakesan, Ome-shi ¥10,000yen- With one night two meals (Nikkusai ¥500) 15:00 OUT 10:00 (Nikkusai is AM 7:00- in Musashi Mitake Jinja everyday) / Irregular holidays