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Activity

*An invigorating
cycling course*



Tama River Cycling Road | Tama



Tama River lack revetments, affording this cycling course close-up views of river waters and greenery. The distant view of skyscrapers and Mt. Fuji also make for a unique luxury. The course is mostly flat and suitable for cycling beginners.

Higashiyamato

**Tama Lake
Cycling Road**

MAP D5-6 ¥Free

Links



Around Tama

**Tama River Cycling
RoadResidence**

MAP C7-D4 ¥Free



Also worth visiting



TREKKLING

A rental bicycle store that offers a wide range of bikes for all cyclists from beginners to experts. Bikes can also be dropped off at destinations.

MAP E2 197, Hikawa, Okutama machi 09:00-17:00 (-15:00 Lending) / Open on Saturdays, Sundays, Holidays



Tokyo Ura-Yama Base

An outdoor activity / local tourism base located by the entrance to the Akigawa Valley. The facility offers bike rentals and places to shower.

MAP E4 4 Tateya, Akiruno-shi 11:00-19:00 (Saturdays, Sundays, H olidays 7:30-) / Closed on Wednesdays



Cycle Harbor Ome

A sports-cycling facility where bicycles can be kept temporarily, equipped with showers as well as coin operated lockers.

MAP D3 134, Honcho, Ome-shi 10:00-16:00 (Closed irregularly by Season) / Open on Fridays, Saturdays, Sundays