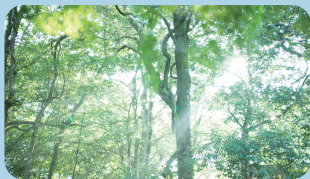




Enjoy activities in  
clear water streams

遊  
Activity



The upper Tama River is a great place to enjoy river sports. Among them, canoeing is one of the most popular activities and there are a wide range of courses. Canoe School Gravity also has a school in Lake Shiromaru of Okutama, and its beginner course (also offered for single participants) is popular. The lake is covered in mist from early summer to the fall, and visitors can enjoy the majestic atmosphere by taking part in early morning kayak tours.

Okutama machi

## Canoe School Gravity

Links



MAP E3 家 Mitake:3-787-9, Yugi machi, Ome-shi Shiromaru:48, Shiromaru, Okutama machi ¥ Beginner Experience Crass ¥7800 ☎9:30-18:00 (Early morning 6:30-) Irregular holidays



Also worth visiting!



Ome

## Tama River Rafting winds

Experience a ride down the rapid stream of Mitake Valley in Okutama on a raft boat (an inflatable rubber boat for 8 people).

MAP E3 家 2-411-1, Yugi machi, Ome-shi ¥Rafting ¥4800- ☎ 8:00-18:00/ Irregular holidays



Okutama machi

## Canyons Okutama

Enjoy the thrill of canyoning in the valley of Okutama by sliding, jumping, and zip lining.

MAP E3 家 54-1, Kawai, Okutama machi ¥Half day ¥7500- ☎8:00-17:00 (Canyoning 3-4h)/ No holidays (Closed canyoning from November to March)



Ome

## River Board Club

Ride on boards face down and control on your own as you plunge down the rapid streams. This club regularly offers river board courses throughout the year.

MAP E3 家 266, Mitake honcho, Ome-shi ¥Half day ¥8000- ☎9:30-12:30, 13:30-16:30 (11:00-14:30 from November to March)/ No holidays